



GLOBAL SOUTH
gastroenterology
ASSOCIATION MEETING

GLOBAL SOUTH GASTROENTEROLOGY ASSOCIATION MEETING

18-20 September 2026
Zagarella Domina Sicily
Palermo, Italy



www.gastrosummit.org



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GastroSummit Chapter Meeting Functional Gastrointestinal Disorders and Gastroesophageal Reflux

Saturday, 19 September 2026

16:30-17:00	Opening Ceremony Speakers: Serhat Bor, Turkiye Giovanni Barbara, Italy
16:30-17:00	Keynote speech: Global South Approach in Functional Gastrointestinal Disorders Mohamed Alborai, Egypt

Saturday, 20 September 2026

09:00-09:10	Programme Introduction Speaker: Serhat Bor, Turkiye
09:10-09:50	Session 1 - Gastroesophageal Reflux Disease 2026: what's new in the kitchen? Speakers: Serhat Bor, Turkiye Mohamed Alborai, Egypt
09:50-10:00	Q & A
10:00-10:40	Session 2 - Dyspepsia and Helicobacter: what should the Global South do? Speakers: Giovanni Barbara, Italy Dilek Oğuz, Turkiye
10:40-10:50	Q & A
10:50-11:10	Coffee Break
10:50-11:30	Session 3 - Two Sizes Up: Understanding Bloating and Distension Speakers: Sabri Abdelmaseeh, Latvia Serhat Bor, Turkiye
11:30-11:40	Q & A
11:40-12:20	Session 4 - Irritable Bowel Syndrome: the usual suspect behind everything Speakers: Giovanni Barbara, Italy Biol Özer, Turkiye
12:20-12:30	Q & A
12:30-14:00	Lunch Break
14:00-14:40	Session 5 - Functional Constipation: To Go or Not to Go, That Is the Question Speakers: Antonio Carroccio, Italy Ayhan Hilmi Çekin, Turkiye



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14:40-14:50	Q & A
14:50-16:10	Coffee Break
16:10-17:30	Panel Discussion: Integrative Management of Functional Gastrointestinal Disorders in Daily Practice Moderators: Sabri Abdelmaseeh, Latvia Serhat Bor, Turkiye Panelists: Antonio Carroccio, Italy Mohamed Alborai, Egypt <ul style="list-style-type: none">• How to differentiate overlapping symptoms in reflux, dyspepsia, and IBS• Balancing pharmacologic and lifestyle interventions in chronic GI disorders• The future of gut–brain axis research in clinical practice• Role of probiotics, diet, and mental health in symptom control• Case-based audience interaction: “When standard therapy fails”
16:10-17:30	Day 1 Wrap-Up: Key Takeaways



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Sunday, 21 September 2026

09:00-10:30	Case Discussions in Functional Gastrointestinal Disorders Moderators: Ayhan Hilmi Çekin, Türkiye Mohamed Alborai, Egypt Speakers Antonio Carroccio, Italy Serhat Bor, Türkiye
10:30-10:50	Coffee Break
10:50-12:30	Poster Session Co-Chairs: Mohamed Alborai, Egypt Biol Özer, Türkiye
10:50-12:30	Poster Session Co-Chairs: Mohamed Alborai, Egypt Biol Özer, Türkiye
12:30-13:30	Lunch Break
13:30-14:00	Closing and Poster Award Ceremony