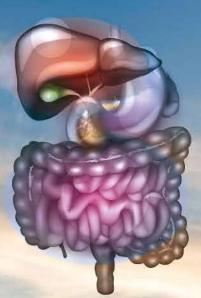




GASTROSUMMIT MEDITERRANEAN

5-7 December 2025 Parco Dei Principi Congressi Hotel Bari, Italy







Current Practical Approaches in Functional Gastrointestinal Disorders and Reflux 05-07 December 2025, Bari, Italy December 5, 2025 – Friday 17:00 – 17:10 Opening and Program Introduction Co- Chairs: Serhat Bor, Turkiye / Giovanni Barbara, Italy Epidemiology and Pathophysiology of Functional Gastrointestinal Disorders Mohamed Alborai, Egypt Prevalence of functional disorders in the general population Rome IV classification and its clinical implications Brain–gut axis, microbiota relationship, and pathophysiological concepts Fundamental mechanisms reflected in clinical practice



Scientific Meeting Program	
GASTROSUMMIT CHAPTER MEETING	
December 6, 2025 – Saturday	
09:00 – 09:10	Opening and Daily Program Overview Co- Chairs: Serhat Bor, Turkiye / Mohamed Alborai, Egypt
09:10 – 09:40	Practical Management of Gastroesophageal Reflux Disease (GERD) Serhat Bor, Turkiye • Correct application of empirical PPI therapy • Simple management algorithm for resistant cases • Long-term treatment plan and follow-up recommendations
09:40 – 09:50	Q&A Session
09:50 – 10:20	Current Therapeutic Approaches in GERD Co-Chairs: Birol Özer, Turkiye / Giovanni Barbara, Italy Speaker: Birol Ozer, Turkiye • Medical, endoscopic, and surgical treatment options • PPI optimization and novel agents • The role of lifestyle modifications
10:20 – 10:30	Q&A Session
10:30 – 10:50	Coffee Break
10:50 – 11:20	Functional Dyspepsia Co- Chairs: Macit Gülten, Turkiye / Sabri Abdelmaseeh, Latvia Speaker: Macit Gülten, Turkiye • Typical presenting symptoms • Strategies for H. pylori eradication • Dietary and lifestyle recommendations
11:20 – 11:30	Q&A Session
11:30 – 12:00	Abdominal Bloating and Distension Co – Chairs: Serhat Bor, Turkiye / Giovanni Barbara, Italy Speaker: Giovanni Barbara, Italy Gas intolerance and FODMAP sensitivity Dysbiosis and microbiota balance Practical treatment steps
12:00 – 12:10	Q&A Session



Parco Dei Principi Congressi Hotel Bari, Italy



December 6, 2025 – Saturday		
12:10 – 12:40	Irritable Bowel Syndrome (IBS) Co- Chairs: Nalan Ünal, Turkiye / Giovanni Barbara Speaker: Nalan Ünal • Practical differentiation of IBS subtypes • Dietary, probiotic, and psychosocial treatment approaches	
12:40 – 12:50	Q&A Session	
12:50 – 13:30	Functional Constipation Co- Chairs: Nalan Ünal, Turkiye / Giovanni Barbara, Italy Speaker: Birol Özer, Turkiye • Diagnostic approach and differential exclusion • Nutritional and fluid regulation • Non-pharmacological treatment options • Pharmacological treatment steps • Advanced treatment strategies for difficult cases	
13:30 – 13:40	Q&A Session	
13:40 – 14:00	Lunch Break	
14:00 – 14:30	Functional Diarrhea Co – Chairs: Nalan Ünal, Turkiye / Mohamed Alborai, Egypt Speaker: Mohamed Alborai, Egypt Diagnostic criteria and differential exclusion Treatment steps and dietary recommendations	
14:30 – 14:40	Q&A Session	
14:40 – 15:10	Benign Diseases of the Anal Region Co- Chairs: Sabri Abdelmaseeh, Latvia / Giovanni Barbara, Italy Speaker: Sabri Abdelmaseeh, Latvia • Anal fissure, hemorrhoids, and perianal pain syndrome • Functional anorectal pain • Diagnosis and practical management	
15:10 – 15:20	Q&A Session	
15:20 – 15:40	Coffee Break	
15:40 – 17:00	Panel Discussion: Integrative Management of Functional Gastrointestinal Disorders in Daily Practice Panelists: Sabri Abdelmaseeh, Latvia / Birol Ozer, Turkiye / Serhat Bor, Turkiye / Mohamed Alborai, Egypt Moderator: Giovanni Barbara, Italy • How to differentiate overlapping symptoms in reflux, dyspepsia, and IBS • Balancing pharmacologic and lifestyle interventions in chronic Gi disorders • The future of gut-brain axis research in clinical practice • Role of probiotics, diet, and mental health in symptom control • Case-based audience interaction: "When standard therapy fails"	

December 7, 2025 – Sunday	
09:00 – 10:30	Case Discussions in Functional Gastrointestinal Disorders Sabri Abdelmaseeh, Latvia / Serhat Bor, Turkiye / Macit Gülten, Turkiye / Nalan Ünal, Turkiye / Birol Özer, Turkiye / Mohamed Alborai, Egypt • Reflux Cases • Dyspepsia Cases • Bowel Disorder Cases
10:30 – 10:50	Coffee Break
10:50 – 12:30	Poster Session Co- Chairs: Serhat Bor, Turkiye / Giovanni Barbara, Italy
12:30 – 13:30	Lunch Break
13:30 – 14:00	Closing and Poster Award Ceremony